

EXPERIENCE AND DISCOVER

Walks for families, hikes for the more daring, or steps into the unknown along unfamiliar paths. In Valvestino you can set out to see roe deer, red deer and ibex; in Desenzano you can go bird watching (and take wonderful photos) in the "Oasi Faunistica di San Francesco" nature reserve.



Every corner of Lake Garda offers the chance to practice your favourite sport in an environment to be cherished and respected.



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**GARDA: WHERE
SPORT MEETS
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Garda: a world of wonders

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A WHOLE WORLD TO DISCOVER

When people hear 'Garda', they think of the lake. But Garda's blue waters are surrounded by a green crown of hills and rocky outcrops: a fjord, valleys and mountains, make up the ultimate paradise for nature and sports.

The natural environment, local produce, fun hikes and unique experiences such as sleeping in centuries-old thatched-roof barns. And while you're in Valvestino, why not adopt a cow?

Hiking, cycling and water sports are the most popular activities. For the bravest there is canyoning, paragliding, climbing and much more. There is something for everyone!

THE GREAT PARK

The Alto Garda Bresciano Regional Park is one of the largest protected natural areas in Lombardy. A natural paradise that stretches from the lake shore between Salò and Limone to encompass the entire Valvestino valley.



ROCCA DI MANERBA

The huge rocky outcrop overlooking the lake is the unmistakable silhouette of the Rocca di Manerba. The "Riserva Naturale della Rocca e del Sasso" nature reserve contains the remains of a medieval castle, archaeological excavations dating back to the Etruscans and Romans, and a wide variety of wildflowers.

